

Addiction Rehab Toronto is an exclusive accredited residential treatment facility for individuals who want to recover from alcohol and drug addiction. Our mission is to help individuals understand, recognize, and recover from the effects of addiction and to ultimately live fulfilling and rewarding lives.

Addiction Rehab Toronto has been very selective in choosing the right professionals in working with our clients, which can include; Medical Doctors, Nurses, Psychotherapists, Addictions Counsellors, Social Workers, Life Skill Coaches, Therapists and more, all working together in developing the best-individualized treatment plan.

We recognize that substance abuse is a systemic problem, paying attention to the biological, psychological, social, spiritual, and cultural parts of a person is critical. In addition, their intersecting dimensions of diversity and their family context need to be taken into account.

Addiction Rehab Toronto provides the highest level of care in addiction treatment. We only use methods that will foster our client's determination for a transformation to a better life, and an end to self-destructive behaviors. We also work with our clients in a non-shaming and non-blaming way. Our graduates will have the proper tools to experiment with new life choices in a healthy environment that encourages voice, responsibility, accountability and interconnectedness.

Our commitment to our clients goes beyond their graduation. At Addiction Rehab Toronto, we understand that recovery encompasses more than just inpatient treatment, therefore we provide continuous care post-treatment as part of relapse prevention and sobriety maintenance.

Our treatment programs include:

- Supervised Medical Detox
- Psychiatry
- Psychotherapy
- One-on-One Counselling
- Group Therapy
- CBT (Cognitive Behavioral Therapy)
- DBT (Dialectical Behavioral Therapy)
- MBSR (Mindfulness Based Stress Redction)
- Addiction Education
- Motivational Interviewing
- Solution-focused Therapy
- Grief and Loss Therapy
- Mindfulness Therapy
- Horticultural Therapy
- Smart Recovery
- Anger Management
- Relapse Prevention
- Awareness of Triggers
- Family Focused Recovery
- Intro to 12 steps
- Fitness & Wellness
- Nutritional Education
- Meditation Therapy
- Yoga Therapy
- Muay Thai
- Pilates Therapy
- Art Therapy
- Music Therapy
- Reiki Healing
- Excursions
- Spa Treatment
- Life-time Aftercare
- Long-term Sober Living
- Coping Skills

TREATMENT PROGRAMS

Program Length	Fee	(Optional) Private Room
In-patient Treatment		
30 day program	\$20,000	+ \$4,000
45 day program	\$26,500	+ \$6,000
60 day program	\$35,000	+ \$8,000
90 day program	\$52,000	+ \$12,000
14 Day Medical Detox Program	\$12,000	
7 Day Medical Detox Program	\$7,000	

Out-patient Treatment

One-on-one Counselling	\$800	Counselling & Psychotherapy is provided in a package of 4 one-hour sessions. See: Online Counselling & Psychotherapy
One-on-one Psychotherapy	\$900	
Family Counselling	\$1000	
Group Counselling	\$1000	

Addiction Rehab Toronto only accepts Certified Cheques, Bank Drafts, Visa, and MasterCard.
| Please note that a 3% surcharge will be added for credit card transactions |

In-patient programs include Medical Detox/ Withdrawal Management, Life-time Aftercare, & Life-time Family Care Counselling.

For general information on our in-patient program, see: [In-patient Treatment Approach](#)

Our Aftercare program consists of three post-treatment counselling sessions per week. Our Family Care Counselling program occurs once per week.

Treatment programs 47 days or longer include a 2 week Relapse Treatment Program. If a client relapses post-treatment after attending a minimum of 10 Aftercare sessions, he or she qualifies to return to the facility for treatment.

We also provide private financing with low interest rates for clients. If interested, see: [Medicaid Information](#)

For more information, please call **1-855-787-2424**.