

Some Actions That Are Not Protesting or Voting

A list adapted from & inspired by [Frontline Medics](#). Here was their [original list of 25 actions](#). I've added a lot of things and edited other things. [Note: I continue to update this document as more ideas are shared with me (most recent update 7/14/25). If there are things you want to add, email niapoetry@gmail.com & I can consider them.]. I have been getting a lot of edit access requests. Everyone is free to make a copy of this doc on your own. I am not giving edit access to the form. Thank you.

Thanks to Nikki [here is a REFORMATTED VERSION](#) of this resource. The reformat makes it easier to find information. [this is not regularly updated]

**I created [with input from other organizers] an interactive workbook for new activists who want to create their own organizing plans. You can download it for free [here](#). I hope it helps those who need some guidance to focus on specific things you can do in your communities.

MUTUAL AID

Redistribute your wealth to individuals in need.

Donate to [Mutual Aid Groups](#).

Organize fundraisers for local groups.

Knit or crochet items for your houseless neighbors.

Participate in [#Warm Holidays 2024](#).

Organize [local free stores](#) to distribute needed items and supplies to community members. Can't do a whole store, how about [a free table](#)?

Help with [disaster relief](#).

Organize a [childcare collective](#). Another example [here](#).

Start your own [automotive free clinic](#).

Create a [tool library](#) in your neighborhood.

Start a [repair cafe](#).

Read about mending circles [here](#) and [here](#). Create your own.

Set up a [listening booth](#).

Organize or participate in community clean-ups.

Start [a POD](#)

Start a [bike library](#)

Start a [Free Art Supply Library](#)

MUTUAL AID - FOOD

Donate to food programs [for example this [one](#) and donate to them [here](#)]
[Cook and bake](#) for community group meetings.

Organize [a bake sale](#)

Start or join [Food Not Bombs](#).

Set up a [Free Fridge](#) in your community.

Start or join a local community garden. Benefits of gardening are [here](#).

Start a [Meal-Based Residency Program](#).

MUTUAL AID - COMMUNITY HEALTH

Organize or join a [local mask bloc](#) to distribute free masks to community groups to use for their gatherings. Search mask blocs around the world [here](#).

Organize or join a [Clean Air Club](#).

Create a [COVID Mitigation Tools Library](#).

Learn to make and distribute [Corsi-Rosenthal boxes](#) (cheap, effective air-filtration devices made from household & easily-obtainable components)

Establish community [pop-up clinics](#).

Learn [psychological first aid](#).

A suggestion offered: “harm reduction education/building harm reduction kits (Narcan, fentanyl/xylazine testing strips, sterile supplies, etc.), and pop-up overdose prevention centers (high risk, but organizers in Denver successfully did one). [Link here](#) to a story about this.

POLITICAL/POPULAR EDUCATION

Organize or participate in [political education](#). Here’s a [helpful guide](#). [Some study guides](#).

Facilitate a [local or virtual teach in](#) about the attempted privatization of the post office. Join with others to do this on May 3 and beyond.

Establish [ongoing study and book groups](#) - sign up for a [training on how to facilitate reading groups](#).

Organize a monthly [community film screening](#) & discussion.

Participate in [skill-sharing and trainings](#).

Offer skill-sharing and trainings.
Get involved in [Citizen University](#).

ORGANIZING/ADVOCACY

[Join or start a union.](#)

If you're a young person interested in unions, get involved with [Gen Union](#).

[Form an affinity group.](#)

Provide [tenant support and help with rent strike organizing](#).

Participate in consumer boycotts. Check out [#TeslaTakeDown](#)

Organize or attend [neighborhood assemblies](#) and [people's movement assemblies](#)

Attend community board and other local meetings.

Organize response and support for survivors of violence. Sign up to be trained as a volunteer with domestic violence and sexual assault organizations/groups.

LIBRARIES and SCHOOLS

[Run for or seek appointment to your local library board.](#)

[How to Fuck Up an Asshole School Board.](#)

Organize community freedom schools (the Children's Defense Fund offers [one model](#) but there are many others too: [here](#) and [here](#).)

Here's a list of [10 ways to support your local public libraries](#).

Request and read diverse books by BIPOC and queer authors. [We Need Diverse Books](#) is a great resource to find titles.

In the US, [EveryLibrary](#) fights censorship, supports grassroots advocacy for libraries, fights anti-library legislation and helps libraries seek necessary funding. They have more specific and timely calls to action on their site.

[Push back against book bans](#) and the groups that ban books by requesting banned and challenged titles.

Libraries can also be great places to host a book group or community support gathering, like some of the other meeting and mutual aid ideas shared elsewhere in this list.

[Start a healing justice lending library](#)

Start your own version of [the Library Dads](#)

ANTI-CRIMINALIZATION

[Film the police AKA copwatch.](#)

Monitor court cases [[courtwatching](#) and [participatory defense hubs](#)]

[Financially and emotionally support detained and incarcerated people](#)

Start or join [a jail support project](#) and here's a jail support [zine](#).

Consider [jury nullification](#).

Signal-boost & support prison strikes and abolition efforts.

[Advocate](#) for incarcerated trans prisoners.

COMMUNITY DEFENSE/MIGRANT JUSTICE

Sign the [Solidarity Pledge](#).

Learn about and practice [community self-defense](#).

Learn about [Community Defense Zones](#) and also check out this excellent resource [Defend and Recruit](#) for learning about creating rapid response networks.

Learn about deportation defense through this [new resource by Make The Road](#) and [this one](#) by Mijente.

REPRODUCTIVE JUSTICE/GENDER AFFIRMING CARE

Donate and/or volunteer with [abortion funds and practical support organizations](#).

[Escort people to abortion clinics](#) when needed. Also you can reach out to your local PP/indie clinic to ask if they have an escort program use this link to find them: [inneedana.com](#).

[Adopt a clinic](#).

[Train](#) to become a practical support volunteer and support people traveling to access abortion care.

For youth who want to fight for abortion rights. -

<https://actionnetwork.org/forms/youthasc-launch>

What does it look like to start or join a [trans youth emergency project](#) in your community?

[ACT OUT](#) is a national network of young people fighting back against LGBTQ attacks.

Contribute to [Trans Healthcare Travel](#)

I created a “**steps to action: reproductive justice**” guide to share with my Goddaughter and her friends. It is intended to help them as they’ve been extremely worried about how to actually take some action around an issue that they care a lot about. Perhaps it might be helpful for others too. [Link is here](#). Make your own focused “steps to action” guide and share with your loved ones and community members.

DISABILITY JUSTICE

Ways of doing activism/ resisting fascism in a disabled/accessible way

[These thinking and steps](#) from The Revolution Will be From Bed

[26 ways to be in the struggle not in the streets](#)

[Crippling the Resistance](#)

A suggestion offered: “Provide caregiving help for disabled folks, help us with daily tasks so we can have more energy to organize, & if u have more cognitive & physical capacity u can volunteer to help us plan direct actions (this one’s personal, I really need someone who has done projections onto buildings)”

OTHER INDIVIDUAL ACTIONS

*** Garrett Bucks recently created [a useful list](#) of actions you can take on your own.

Volunteer your art, technology, design, legal skills to local efforts, organizations, groups.

[Watch this](#) and [write letters to the elderly](#) also [here](#).

Make [zines and pamphlets](#) on various topics and distribute them in your communities [laundromats, cafes, public libraries, schools, etc...]

Start a community newsletter or bulletin to share information about local mutual aid.

[Create or redistribute art and media](#) to counter mainstream propaganda.

Amplify the calls for support from people of color, disabled people and others.

Uplift queer and trans voices.

Share vital info online and in person.

Support friends who are attending/planning actions/protests.

MAKE YOUR OWN LIST FOR YOUR COMMUNITIES...

